

September 2024 - Class changes

Current Class

New Class for September 2024

| Summer HQ Timetable Jun/Jul 2024 | |
|--|-------------|
| Monday | |
| Gymnastics Age 4-6 yrs | 16:20-17:05 |
| Gymnastics Age 7-9 yrs | 17:10-18:05 |
| Gymnastics Age 7-9 yrs | 18:10-19:05 |
| Gymnastics Age 10-12 yrs | 19:10-20:30 |
| Gymnastics Age 13-16+ | 19:10-20:30 |
| Tuesday | |
| Pre-School Gymnastics 3-5 yrs | 14:00-14:45 |
| Express Gymnastics 3-5 yrs | 15:45-16:15 |
| Squad Gymnastics | |
| Wednesday | |
| Gymnastics Age 4-6 yrs | 16:20-17:05 |
| Gymnastics Age 4-6 yrs | 17:10-17:55 |
| Gymnastics Age 7-9 yrs | 18:00-18:55 |
| Thursday | |
| Pre-School Gymnastics 3-4 yrs | 13:00-13:45 |
| Pre-School Gymnastics 3-4 yrs | 14:00-14:45 |
| Express Gymnastics 3-5 yrs | 15:45-16:15 |
| Gymnastics Age 4-6 yrs | 16:20-17:05 |
| Gymnastics Age 7-9 yrs | 17:10-18:05 |
| Gymnastics Age 4-6 yrs | 18:10-18:55 |
| Gymnastics Age 10-12 yrs | 19:00-20:20 |
| Friday | |
| Pre-School TINY TOTS Gymnastics 14mths-3 yrs | 13:00-13:45 |
| Express Gymnastics 3-5 yrs | 15:45-16:15 |
| Gymnastics Age 4-6 yrs | 16:20-17:05 |
| Gymnastics Age 7-9 yrs | 17:10-18:05 |
| Gymnastics Age 7-9 yrs | 18:10-19:05 |
| Saturday | |
| Gymnastics Age 4-6 yrs | 9:30-10:15 |
| Gymnastics Age 10-12 yrs | 10:20-11:40 |
| Gymnastics Age 7-9 yrs | 11:45-12:40 |
| Gymnastics Age 4-6 yrs | 13:30-14:15 |
| Gymnastics Age 7-9 yrs | 13:30-14:25 |

| Autumn HQ Timetable Sept 2024 | | |
|--|-----------------------|-------------------------|
| Monday | | |
| Gymnastics Age 4-6 yrs | 16:00-16:45 | NEW TIME |
| Gymnastics Age 4-6 yrs | 16:50-17:35 | *NEW* CLASS |
| Gymnastics Age 7-9 yrs | 17:40-18:35 | NEW TIME |
| Gymnastics Age 7-9 yrs | 18:40-19:35 | NEW TIME |
| Gymnastics Age 10-12 yrs | 19:40-20:35 | NEW TIME & 55 min CLASS |
| [Allocated new class on Wednesday @19:50] | | NEW DAY & TIME |
| Tuesday | | |
| Pre-School Gymnastics 3-5yrs | 14:00-14:45 | NO CHANGE |
| Express Gymnastics 3-5 yrs | 15:45-16:15 | NO CHANGE |
| Squad Gymnastics | | |
| Wednesday | | |
| Gymnastics Age 4-6 yrs | 16:00-16:45 | NEW TIME |
| [Allocated new class on Monday @16:50] | | NEW DAY & TIME |
| Gymnastics Age 7-9 yrs | 16:50-17:45 NEW CLASS | *NEW* CLASS |
| Gymnastics Age 7-9 yrs | 17:50-18:45 | NEW TIME |
| Gymnastics Age 10-12 yrs | 18:50-19:45 | *NEW* 55 min CLASS |
| Gymnastics Age 13-16+ yrs | 19:50-20:45 | *NEW* 55 min CLASS |
| Thursday | | |
| Pre-School Gymnastics 3-4yrs | 13:00-13:45 | NO CHANGE |
| Pre-School Gymnastics 3-4yrs | 14:00-14:45 | NO CHANGE |
| Express Gymnastics 3-5 yrs | 15:45-16:15 | NO CHANGE |
| Gymnastics Age 4-6 yrs | 16:20-17:05 | NO CHANGE |
| Gymnastics Age 7-9 yrs | 17:10-18:05 | NO CHANGE |
| Gymnastics Age 4-6 yrs | 18:10-18:55 | NO CHANGE |
| Gymnastics Age 10-12 yrs | 19:00-19:55 | 55 min class |
| Friday | | |
| Pre-School TINY TOTS Gymnastics 14mths-3 yrs | 14:00-14:45 | TIME CHANGE |
| Express Gymnastics 3-5 yrs | 15:45-16:15 | NO CHANGE |
| Gymnastics Age 4-6 yrs | 16:20-17:05 | NO CHANGE |
| Gymnastics Age 7-9 yrs | 17:10-18:05 | NO CHANGE |
| [Allocated new class on Wednesday @16:50] | | NEW DAY & TIME |
| Advanced Rec | 18:10-19:05 | *NEW* CLASS |
| Saturday | | |
| *NEW* Pre-School/Express Gym 3-5 yrs | 9:30-10:00 | *NEW* CLASS |
| Gymnastics Age 4-6 yrs | 10:05-10:50 | NEW TIME |
| Gymnastics Age 10-12 yrs | 11:55-12:50 | NEW TIME & 55 min CLASS |
| Gymnastics Age 7-9 yrs | 10:55-11:50 | NEW TIME |
| Gymnastics Age 4-6 yrs | 13:40-14:25 | NEW TIME |
| Gymnastics Age 7-9 yrs | 14:30-15:25 | NEW TIME |